

# **SELF ASSESSMENT FOR PROJECT LEADERS**

Building Blocks to Reach Your  
Potential and Achieve Your Goals



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## INTRODUCTION

The value of anything that you obtain or accomplish in life can be determined by how much of your time and life, you spent acquiring it. Before you begin pursuing your goals, it's important to consider the degree of dedication and sacrifice necessary.

By understanding the demands of success and its necessary components, you can determine if you are ready to take on this challenge, what resources may be required for progress, and how much time will be needed.

In order to gain the most success and satisfaction in your career, it is important that you identify what your strengths are, which new skills will bring out the best in you, and which tasks can provide maximum returns for your efforts.

I wrote this ebook assessment with one intent in mind: to help you reach your goals quicker and more easily than you thought possible. I have experienced the power of these tools, techniques, and strategies firsthand – both personally and professionally – allowing me to move past distractions while gaining a newfound sense of clarity and freedom to be y authentic self.

As a project leader, I am passionate about empowering those who are eager and dedicated to becoming the best version of themselves. My mission is to help them become a self-leader and a creative innovator.

Before I eventually obtained the breakthroughs and insights essential to become a successful project leader, I confronted endless psychological barriers that were obstructing my potential. You must come to terms with yourself before you can take charge of others; an ability which is paramount when leading any task or initiative.

Uncovering your natural talents and honing them to the best of your abilities is essential for obtaining a maximum amount of satisfaction and pleasure out of all that you do.

Learn how to build your professional career one block at a time 😊

To your success

*Yemisi Iyilade*



## **DISCOVER YOUR PASSION**

It is up to you to learn what you need to know and then, choose to do everything possible to reach your goal. Your future is up to you, but you need to know what to do and learn how to go about achieving your goal. It's all too common for people to feel disheartened when they seek guidance from the wrong sources and hear "it can't be done".

To accomplish your objectives, there are specific knowledge and skills that you must acquire. Reading books or conducting research on your own can be beneficial; however, connecting with individuals who have already been successful in the same experience is invaluable! Spending time with seasoned professionals will save you immense effort and speed up your progress significantly. Ultimately it is up to you to achieve your goal and you have to be willing to do the work!

To experience increased levels of joy and contentment, it is essential to be yourself unapologetically. It's time to embrace your passion for life, become excited about your goals, and have the courage to take action when necessary.

What do you love doing? Where do you want to work? Who do you want to become? What do you want your typical day to be?

You create your life through the decisions that you make. You must discover and develop your strengths before you can improve your competence. Anyone can achieve anything they set their minds to.

To set yourself up for success on this journey, the first step you must take is to determine your values. Answer these five questions honestly and you will ignite a passion within you.

1. Who am I?
2. What have I been able to do in the past?
3. Why am I here?
4. What can I do?
5. What do I want to be able to do?



## DEFINE YOUR VALUES

To determine your values, ask yourself what ethics and standards you uphold most dearly that you would like to bring into fruition in everyday life.

What beliefs do you strive for? By doing so, you will have identified the core of who you are and can live up to those principles consistently.

For instance, if you're striving to lead your projects as a servant leader, then coaching and active listening will be at the top of your priorities when engaging with your stakeholders. Your efforts in this capacity is necessary for developing relationships based on trust and mutual respect.

It's hard to know what you should be doing with your life when you don't know your values. You might feel like you're just aimlessly wandering around, not really getting anywhere. Without a sense of purpose or understanding of what's important to you, it can be tough to make decisions and figure out what steps to take next in your career or life.

Define your values and establish a clear direction for yourself. Once you know what's important to you, it will be easier to make choices that align with those values and stay on track.

Crafting your values is a time-consuming process that requires hard work, yet it can be the foundation for both achieving success in life and having an effective workplace. To get started, here are five crucial steps to help you establish your core values

1. Resolve to be the best version of you that exists.
2. Take the time to evaluate who you are, and what truly brings you joy.
3. Clarify the impact you want to have in both your personal life and professional career
4. Identify the values that exemplify how you wish to live and act on a daily basis.
5. Identify the first five core values that are most important to you and craft them into a memorable list.



## DEFINE YOUR STRENGTHS

Your special blend of experiences, education, environment, interests, and background gives you an edge - it makes you one-of-a-kind and authentic.

Here are four questions that you need to ask yourself to define your strengths:

(1) “What do I mostly enjoy doing?”

(2) “How would I describe my ideal job?”

(3) “If I could have any dream at all, anywhere, what would it be?”

To uncover your strengths, begin by discovering what makes you stand out from the crowd. Ask yourself: What have I been naturally talented in? What tasks come easy to me that others find complex? Where do my best results emerge and which activities give me the most pleasure? Unveiling your hidden talents will enable you to identify where your true passions lie.

The answers to these questions are ways you can develop yourself to increase your results in life.

You can be genuinely excellent at anything you set your mind to. You must embark on a journey of self-discovery and commit yourself fully, and unreservedly, in order to make it happen.

When you commit yourself fully to discovering your strengths and nurturing what brings out the best in you, it becomes easier than ever before to authentically lead others with certainty and clarity.

Discover what you really enjoy doing and then commit yourself to it wholeheartedly, you will begin to feel really alive and fully engaged in life.

Ready to design your professional plan?

Book a strategy call at [yemisiyilade.com](http://yemisiyilade.com)



## **FIND CLARITY**

Look at your life and your current job, do they match your abilities? Let your imagination flow freely for a while. Imagine that there are no limitations on what you can do or be, or where you can do it or be it.

Are you maximizing all of yourself? Imagine that all options are open to you.

1. Where do you want to be in three to five years?
2. What kind of life do you want to be living?
3. What kind of people do you want to associate with?
4. What kind of money do you want to be earning?
5. What part of the world do you want to be living in?
6. Who do you admire the most and want to be like?
7. Who would you like to mentor you?
8. What changes would you have to make in your life to be like that person?

Success is a skill that can be cultivated by anyone! Use the success stories of other people as guides, and push yourself to figure out where you want to go in life. All it takes is dedication and hard work - if someone has done it before, so can you!

Begin by looking at the bigger picture, envision your desired outcome, and gain a new understanding.

If you can make an honest assessment of your strengths and weaknesses, your threats and vulnerabilities, your areas of potential opportunity, and the areas that might be holding you back, you're in a perfect position to begin looking forward to the future, to decide where you want to go and what you want to achieve.

Get help if you need to. Trying to figure out what you need to do in order to achieve your goals can feel overwhelming and confusing. Sometimes you don't see the Blind spots, but a coach or a mentor will.

Complete the self-assessment below and find out what you need clarity on. Visit for a strategy coaching session for clarity



## THINK AND VISUALIZE

Thinking and visualizing yourself as the successful person you want to be is a powerful tool for accomplishing your goals. By taking the time to think about how it would feel to have achieved those goals, you are strengthening your confidence and commitment. Remind yourself of why you set the goal in the first place, and use visualization to help release any doubts or fears that may be preventing you from taking action.

Achieving success is a difficult task that requires a lot of hard work and dedication. It can be tough to stay motivated when you don't see the results you're looking for right away.

Creative visualization is a powerful tool that can help unlock your inner potential and guide you on your journey to success.

Letting go and allowing yourself to be open to creative ideas paves the way for growth and self-discovery.

If you wish to increase the quality and quantity of your results, you have to increase your ability to achieve more and better results.

Others can guide you, direct you, channel you, point you in the right direction and even give you opportunities, but in the final analysis, no one can new possibilities and insight for your future.

It can be tough to stay on track when you don't have a roadmap to your goals. And without focus, it's easy to get sidetracked and lose sight of what's important.

Make a conscious effort every day to grow your mind, and learn what you don't know so that you can experience something new.

Take a few moments each day to think about that end result and keep focused on it, no matter how challenging the path there may be.

Picture yourself as the successful person you aspire to be, and experience what it would feel like if your goals have already been realized. Let go of any doubts or anxieties that might be holding you back from attaining success. Visualize where this can take you and start taking action towards making these aspirations a reality!



## DEFINE YOUR GOALS

Goal setting is an integral part of success. It's very important to have achievable goals that you can work towards and measure your progress.

But what exactly does it take to define your goals clearly and achieve them? By asking yourself the right questions, believing in yourself, tapping into an abundant source of resources, and taking action, you will be able to reach your goals sooner than later.

The first step in achieving any goal is believing that you are capable of doing it. This includes both having a belief that you are capable of achieving your goal as well as having the confidence in yourself that you can do it.

When faced with a daunting task or a difficult decision, remind yourself that “you were created for more”—you were made for greatness! Believe that with hard work and dedication, anything is possible.

We all have an abundance of resources within us—all we need to do is tap into them! Think about the skill sets you already possess and how those can help you reach your goals.

Consider any additional knowledge or training you may need and ways to obtain those things (e.g., attending seminars or workshops).

Also, consider any mentors or allies who are willing to provide support and advice on your journey toward success.

Once you have identified what needs to be done, take action! Break down each task into smaller chunks if needed so they don't seem overwhelming.

Make sure to set deadlines for each task so that you stay on track and keep moving forward. Don't forget to reward yourself when completing each milestone—positive reinforcement goes a long way!

Finally, don't give up; even if progress seems slow at times, always keep going until the end result is achieved!

Visit [yemisiyilade.com/consultation](https://www.yemisiyilade.com/consultation) to book a strategic session.





## CREATE YOUR MISSION STATEMENT

We are all driven by a mission—to achieve something, to make something happen, or to become someone. But how do you define what that mission is?

A mission statement is a clear and concise definition of who you intend to be in your life. It's even more important than setting specific goals, as it describes the kind of person you will become in order to reach those goals.

Your mission statement needs to be based on the things that matter most in your life.

Now that you know what values are important to you, think about where these values could take you in the future. Ask yourself questions like: What kind of person would I need to become in order to reach my potential? How can I use my strengths and talents to achieve my goals? How will I contribute positively in my community or workplace? These questions can help shape your mission statement into something meaningful and inspirational.

Once you have identified your core values and thought about where they could lead you, it's time to write out your mission statement.

Keep it simple but powerful—use positive language that reflects who you want to be, not who you don't want to be. Make sure it captures both your current situation and the future potential of where these values could take you; this way, it will serve as an ongoing reminder of who and what matters most in your life.

Creating a personal mission statement is an important step towards achieving our goals and becoming the people we want to be.

By focusing on our core values and passions, we can craft an inspiring plan for our lives that will motivate us every day.

With just a few simple steps, we can create an effective personal mission statement that outlines our intentions for ourselves—and sets us up for success!

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## ENGAGE IN STRATEGIC PLANNING

Do you know how you can focus on your strengths to increase your energy?

Strategic planning is often seen as something difficult and time-consuming. It's hard to know where to start, and it can be tough to stay on track.

At its simplest form, it gives you a comprehensive understanding of your current situation and provides clear guidance on how to succeed in the future.

The most essential and valuable thing that you have to bring to your life or to your family is your ability to think, act, and get results. Your ability excel in your career or achieve a certain goal is only possible if you are strategic.

When you are ready to begin, consider the following five steps:

1. research relevant data,
2. create objectives and goals,
3. develop strategies to meet them,
4. compose action plans complete with timelines,
5. and finally evaluate progress against your plan.

Lack of focus and lack of a plan are two of the main reasons why people never reach their goals. Without a clear strategy, you'll only achieve 2% of your average while you're exhausted from working on things that don't matter.

By concentrating on possibility, success is inevitably improved. It's sensible to devise a strategic plan for both your personal life and your professional life To unlock and get the most out of your potential, as well as reach the desired outcome, you seek. Strategically mapping out plans can be an invaluable resource for achieving success in life.

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## **BECOME A SELF LEADER**

Striving for self-mastery is essential in order to become an effective leader and cultivate strong discipline.

A self-leader is one who takes control of their own destiny and actively works to maximize their influence. As a self-leader, you are motivated to take charge and control of your life without any external influence.

You have the power to decide how perfect and skilled you want your life to be. Your commitment and trust will determine what kind of outcomes you can achieve.

So, what areas are you going to work on to achieve results that are far beyond what you have accomplished right now? What can you do better than you are doing now? And if done well, will make an extraordinary difference in your life? What can you do now, or what can you learn to do in the future, that will help you achieve greatness in life?

It's essential to have focus and clarity in order for you to live out your true purpose. The key to a rewarding life is assessing yourself often, developing competency in the areas that bring you joy, and offering everything you've got into what it is that drives your passions. When all of those components combine together, you can finally experience freedom and contentment.

The accompanying assessment is important because it will help you know exactly what you want and show you the extent of sacrifice you will have to pay to achieve your desired life and lead with results.

Below is an assessment that you need to complete - it helps you understand and write down your goals and desires, as well as the commitment you need to make in order to live the life of which you dream.

With it, you will be able to see clear results from taking charge of your own life and career journey. Take time out of your day today to complete the assessment below.

Visit [www.yemisiyilade.com](http://www.yemisiyilade.com) for our updated resources. If you have any questions please feel free to email me at [yemisi@yemisiyilade.com](mailto:yemisi@yemisiyilade.com)

To your Success!

*Yemisi Iyilade*



**YOUR THOUGHTS BECOME YOUR REALITY. TRANSFORM YOURSELF INTO THE BEST VERSION OF YOU THAT EXISTS.**

WHAT WILL YOU DO WITH ONE MILLION DOLLARS IF YOU RECEIVED IT FOR FREE TODAY?

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WHAT WILL YOU CHANGE IN YOUR LIFE IF YOU LEARNT TODAY THAT YOU HAVE 6 MONTHS TO LIVE?

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WRITE DOWN THREE MOST IMPORTANT VALUES IN YOUR LIFE

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**REACHING YOUR GOALS AND MAXIMIZING PRODUCTIVITY  
REQUIRES ABSOLUTE CLARITY ON EXACTLY WHAT NEEDS  
TO BE DONE.**

WHAT WOULD YOU DARE TO DREAM IF YOU KNEW YOU COULD NOT FAIL?

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IMAGINE THERE ARE NO LIMITATIONS, WHAT ARE YOUR THREE MOST DESIRED  
PERSONAL GOALS:

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IMAGINE THERE ARE NO LIMITATIONS, WHAT ARE YOUR THREE MOST DESIRED  
FAMILY GOALS:

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**ATTAINING REMARKABLE SUCCESS IN LIFE STARTS WITH A  
CLEAR UNDERSTANDING OF YOUR AMBITIONS.**

IMAGINE THERE ARE NO LIMITATIONS, WHAT ARE YOUR THREE MOST  
DESIRED CAREER GOALS?

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IMAGINE THERE ARE NO LIMITATIONS, WHAT ARE YOUR THREE MOST DESIRED  
FINANCIAL GOALS?

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IMAGINE THERE ARE NO LIMITATIONS, WHAT ARE YOUR THREE MOST DESIRED  
HEALTH GOALS?

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**WITHOUT A CLEAR VISION OF YOUR DESIRED OUTCOME, IT  
IS IMPOSSIBLE TO ACHIEVE EXTRAORDINARY  
ACHIEVEMENTS IN LIFE.**

IMAGINE THERE ARE NO LIMITATIONS, WHAT ARE YOUR THREE MOST  
DESIRED BUSINESS GOALS?

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IMAGINE THERE ARE NO LIMITATIONS, WHAT CONTRIBUTIONS DO YOU WANT  
TO MAKE TO YOUR COMMUNITY?

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WITHOUT REFERRING TO YOUR ANSWERS IN THE ABOVE QUESTIONS, LIST 3 GOALS  
YOU WOULD LIKE TO ACCOMPLISH IN THE NEXT 3 MONTHS

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**THE CIRCUMSTANCES YOU FIND YOURSELF IN TODAY ARE A  
DIRECT CONSEQUENCE OF THE DECISIONS YOU MADE  
YESTERDAY.**

WHAT SORT OF WORK OR ACTIVITY GIVES YOU YOUR GREATEST FEELING OF  
IMPORTANCE AND PERSONAL SATISFACTION?

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WHAT HAVE YOU ALWAYS WANTED TO DO BUT HAVE BEEN AFRAID TO ATTEMPT?

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IF YOU COULD MAKE ANY SIGNIFICANT CHANGES IN YOUR LIFE TODAY,  
WHAT WOULD THEY BE?

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